

	Serving Size	Calories	Total Fat (g)	Calories from Fat	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fiber (g)	Sugars (g)	Protein (g)	
14" Specialty Pizzas* (on regular crust)													
Alfredo Delight	1 slice	317	12	113	6	0	36	569	56	2	2	15	
B.B. King	1 slice	308	12	105	5	0	30	616	55	2	1	14	
The Big Cheese	1 slice	375	19	172	9	0	43	612	54	2	1	17	
Dixie Chicken	1 slice	313	11	97	5	0	34	616	59	1	4	15	
Eve's Garden	1 slice	290	10	92	5	0	77	532	55	3	1	13	
Heavy Veggie	1 slice	295	10	96	4	0	75	597	55	3	2	14	
Mojo	1 slice	325	15	130	7	0	34	634	55	2	1	14	
Pesto Mambo	1 slice	315	14	122	5	0	26	749	54	2	1	13	
Popeye	1 slice	313	12	105	5	0	81	558	55	2	2	16	
Porky the Pie	1 slice	339	15	128	6	0	91	751	53	2	1	15	
Supreme	1 slice	336	14	123	6	0	91	702	54	3	2	17	
14" Pizza Options**													
Crust Options	Regular Crust (1/8)	1 slice	162	1	8	0	0	0	212	33	1	1	6
	Thin Crust (1/16)	1 slice	43	1	8	0	0	0	25	7	0	1	2
Sauce Options	Alfredo Sauce	1 slice	20	2	18	1	0	7	30	0	0	0	1
	BBQ Sauce	1 slice	19	0	0	0	0	0	89	4	0	3	0
	Pesto Sauce	1 slice	29	3	26	0	0	1	63	0	0	0	1
	Red Sauce	1 slice	8	0	0	0	0	48	1	0	1	0	0
	White Sauce	1 slice	20	2	15	0	0	0	1	1	0	0	0
Cheese Options	Cheddar	1 slice	43	4	31	2	0	10	68	0	0	0	3
	Extra Cheese	1 slice	29	2	21	1	0	8	93	0	0	0	2
	Feta	1 slice	26	2	19	1	0	6	131	0	0	0	2
	Fontina	1 slice	38	3	30	2	0	9	83	0	0	0	2
	Mozzarella	1 slice	73	6	53	3	0	19	232	19	0	0	6
Ricotta	1 slice	17	1	10	1	0	4	18	1	0	1	1	
Toppings	Anchovies	1 slice	4	1	2	0	0	4	175	0	0	0	2
	Artichokes	1 slice	2	0	0	0	0	0	32	0	0	0	0
	Bacon	1 slice	48	4	33	1	0	10	91	0	0	0	3
	Banana Peppers	1 slice	2	0	0	0	0	0	150	0	0	0	0
	Black Beans	1 slice	11	0	1	0	0	0	44	2	1	0	1
	Black Olives	1 slice	20	2	17	0	0	0	76	0	0	0	0
	Broccoli	1 slice	2	0	0	0	0	0	2	0	0	0	0
	Chicken	1 slice	12	1	5	0	0	5	15	0	0	0	1
	Garlic	1 slice	5	0	0	0	0	0	1	1	0	0	0
	Green Olives	1 slice	20	2	17	0	0	0	253	0	0	0	0
	Green Peppers	1 slice	2	0	0	0	0	0	0	1	0	0	0
	Ground Beef	1 slice	23	1	12	1	0	8	8	0	0	0	2
	Ham	1 slice	8	0	1	0	0	1	101	0	0	0	1
	Jalapenos	1 slice	1	0	0	0	0	0	146	0	0	0	0
	Mushrooms	1 slice	3	0	0	0	0	0	1	0	0	0	0
	Onions	1 slice	5	0	0	0	0	0	0	1	0	1	0
	Pecans	1 slice	43	4	39	0	0	0	0	1	0	0	1
	Pepperoni	1 slice	29	3	23	1	0	6	106	0	0	0	1
	Pineapple	1 slice	8	0	0	0	0	0	1	2	0	2	0
	Roma Tomato	1 slice	3	0	0	0	0	0	1	1	0	0	0
Sausage	1 slice	38	3	26	1	0	14	77	0	0	0	3	
Spinach	1 slice	1	0	0	0	0	0	4	0	0	0	0	
Sun Dried Tomatoes	1 slice	12	0	0	0	0	0	78	2	1	1	1	

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Bread Sticks and Sauces		1 Order of bread sticks contains 8 sticks and sauce is served in a 4 oz. cup											
Sticks	Bread Sticks	1 stick	148	1	7	0	0	0	368	30	1	0	4
Sauces	Garlic butter	1 oz	203	22	203	4	0	0	203	0	0	0	0
	Nacho cheese	1 oz	50	4	36	2	0	5	220	3	0	0	1
	Pizza	1 oz	16	0	2	0	0	1	97	3	1	2	1
	Ranch	1 oz	108	11	108	2	0	6	117	1	0	1	1

*All pizzas will be subject to variability in final nutritional content. The estimates above are best estimates based on exact measurements for pizzas ingredients.

**To estimate your pizza's nutritional content, add your choices of crust, sauce, cheese, and toppings together. The estimates are based on a single slice of pizza.